

# **Cumberland Care Review 2024**

# **Public Consultation**Moot Lodge

# Consultation opens 26 February and closes 23 May 2024.

This consultation forms part of the Cumberland Care review. The review will look at the Council's in-house care service, Cumberland Care, to ensure provision continues to deliver sustainable, high-quality care and support for the people of Cumberland.

The Cumberland Care Review aims to re-shape residential provision delivered by Cumberland Care to focus on dementia care, intermediate care and respite services so we can meet the changing needs of our residents.

Cllr Lisa Brown, Cumberland Council Executive Member for Adults and Community Health, said;

"Cumberland Council is committed to putting health and wellbeing at the heart of everything we do. We are proud to be a listening council, committed to engaging with our communities and valuing their input. As we embark on the Cumberland Care Review, we invite all residents to participate in the consultation process and have their voices heard. Together we will deliver services that are not only of the highest quality but also genuinely centred around the needs and strengths of individuals.

"The Cumberland Care Review will ensure there is appropriate provision which is the right size and shape to meet the needs of our residents. We want everyone in Cumberland to live better, healthier, and more independently throughout their lives. The Cumberland Care Review will help us to achieve that vision."



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# What we are consulting on

We are consulting on the proposal to close Moot Lodge, a residential care home providing care for up to 18 people in Brampton, Carlisle which currently accommodates 14 residents.

# Why we are proposing to close Moot Lodge

The care people receive has changed in recent years. More people are supported at home for longer and fewer people want to be supported in a care home in later life. However, there is a growing need for specialist dementia care, including within our care homes.

We want the care we deliver to be provided in excellent facilities which include:

- Spacious communal living space for socialising, promoting independence and enabling the more effective delivery of group activities.
- Open plan dining and lounging facilities, supporting people with limited mobility.
- Layout which aids positive behaviour support for those with complex behaviour and needs.

Our homes should be easy to access for all, including those with physical disabilities and dementia. They should also include a safe, accessible outside space for all residents. This helps to create a high-quality care environment, supports people's health and wellbeing, and supports them to live as independently as possible.

Even with significant investment, Moot Lodge cannot provide these features due to the property's structure and footprint. Limitations include:

- · Minimal outside space.
- Limited access to the building for people with mobility issues.
- Communal areas split across multiple floors.
- Mechanical aids, such as ceiling track hoists cannot be installed in many of the rooms.
- · Very limited parking for visitors and staff.

# Other aspects we have considered for this consultation

Improving the wellbeing of our care home residents is a key aspect of this proposal. If the decision is taken to close Moot Lodge, we will ensure alternative care provision meets the unique care needs of each resident within the home. Individual impact assessments will put residents' wellbeing at the heart of transitions and they and their families will be supported throughout.

Cumberland Care has alternative residential facilities available in the local area, these include the recently refurbished Eskdale House in Longtown and purpose built Burnrigg Court in Carlisle.

As well as residential homes in Longtown and Carlisle, Cumberland Council continues to support care delivery within the Bramble Court Extra Care Housing facility in Brampton. Bramble Court offers 38 flats in central Brampton and is tailored for individuals aged 55 and above who aspire to maintain independent living while having access to care and support when necessary. Each resident enjoys their personal living space, with care personnel accessible round-the-clock on the premises.

In addition to the above local Cumberland Care provision there are also many private care home settings in and around the Brampton area. For more information on these see the 'other services' lists on pages 6 and 7.

### **Moot Lodge**

Moot Lodge has minimal outside space, making it difficult to offer regular access to fresh air and exercise and a quiet outdoor space away from others, that a more substantial outdoor space could provide. These factors are of particular significance when caring for those with dementia.

Access to the building for those with physical disabilities and for hospital transfers is challenging as the front entrance is accessed via steps in a busy marketplace which at

times has parking restrictions, and the back entrance is accessed over uneven surfaces (not belonging to the property itself).

The lounge and dining areas are modest and on separate floors, therefore regular intervention is required for those who need manual assistance to move between floors. The modest communal living space doesn't easily lend itself to socialising, promoting independence and enabling the delivery of group activities.





# **Alternative provision**

#### **Eskdale House**

Eskdale House is a Cumberland Care residential home in Longtown. It can provide support for up to 21 residents. The property has recently been renovated with an investment of £2m. The renovation followed industry leading dementia care design principles to create additional dementia care capacity.

The property design made it possible to create a modern care environment suited to the delivery of intermediate and dementia care. It encompasses:

- A substantial outside area, this has been transformed into an inviting, accessible and dementia friendly outdoor space.
- The home is easy to access for those with physical disabilities.
- Mechanical aids have been installed in many of the rooms.
- Facilities supporting independence.
- A spacious communal living space, open plan dining and lounging facilities supporting independence.
- Separate care zones for those with complex behaviour and needs.
- · Ample visitor parking.



## **Burnrigg Court**

Burnrigg Court was opened in 2019 as a modern 60 bed residential care home, offering provision for physically frail and dementia care residents, intermediate care and support for those with sensory impairment.

The building was designed to promote the use of assistive technology and daily living aids. Each bedroom has en-suite facilities and there are communal lounges and dining areas as well as substantial on-site facilities such as a shop, a hairdresser and a café.

Burnrigg Court also benefits from a secure outside space, with direct access for residents on the ground floor.

Additionally, the upstairs lounges have outside balcony access.

The features of this modern care setting support the provision of high-quality intermediate and dementia care. The range of onsite facilities allow residents to live independently despite frailty or physical decline.







# Other services

See below list of alternative Cumberland Care and private care home settings in and around the Brampton area.

## **Brampton:**

Location Name	Provider Name	Service Type	Beds / Units
Bramble Court	Cumberland Council	Extra Care	38
Greenlane House	Greenlane (Cumbria) Limited	Care Home	28
Howard Court Care Home	Howard Court Care Home Limited	Care Home	28

# Nearby:

Location Name	Provider Name	Service Type	Beds / Units		
Carlisle, 9 miles from Brampton					
Burnrigg Court	Cumberland Council	Care Home	60		
Applegarth Nursing Home	Applegarth Healthcare Limited	Care Home	53		
Carlisle Dementia Centre - Parkfield	Hometrust Care Limited	Care Home	44		
Creative Support - The Laurels (Cumbria)	Creative Support Limited	Care Home	29		
Eden Manor Care Home	Eden Manor Care Limited	Care Home	80		
Greystone House Residential Care Home	Greystone House Residential Care Home Limited	Care Home	24		
Holmehurst Residential Home	Bamco Thirty Four Limited	Care Home	21		
Inglewood	Inglewood (Cumbria) Limited	Care Home	26		
Kingston Court Care Home	Mariposa Care Group Limited	Care Home	76		
Lanercost House - Carlyle Suite	Barchester Healthcare Homes Limited	Care Home	15		
Lanercost House	Barchester Healthcare Homes Limited	Care Home	82		

# Nearby (continued):

Location Name	Provider Name	Service Type	Beds / Units		
Carlisle, 9 miles from Brampton continued					
Morton Cottage Residential Home	Morton Cottage Residential Home Limited	Care Home	32		
Pennine Lodge	Four Seasons (GJP) Limited	Care Home	70		
Ravenstone Care and Rehabilitation Home	Caresure Limited	Care Home	14		
Riverwell Beck Care Home	Mariposa Care Group Limited	Care Home	60		
Burnside Court	Creative Support Limited	Extra Care	43		
Heysham Gardens	Creative Support Limited	Extra Care	60		
Houghton, 8 miles from Brampton					
Knells Country House	Horizon Residential Homes Limited	Care Home	24		
Longtown, 11 miles from Brampton					
Eskdale House	Cumberland Council	Care Home	21		
Virginia Lodge Care Home	Ms Lauren Amanda Walsh	Care Home	32		
Cotehill, 10 miles from Brampton					
Croftfield Residential Care Home	Mrs Velda Reilly	Care Home	22		
Aglionby, 6 miles from Brampton					
Rosehill Residential Home	The Henry Lonsdale Trust CIO	Care Home	40		

## **Public consultation**

### How to have your say

The proposal will undergo a twelve-week public consultation starting on Monday 26 February and closing on Thursday 23 May 2024.

To ensure that everyone has the opportunity to have their say we are gathering feedback in a number of ways.

Please have your say using one of the options below:

- By completing the questionnaire on pages 10 and 11 and returning it to Freepost CUMBERLAND COUNCIL.
- By completing the questionnaire online at www.cumberland.gov.uk/haveyoursay

The council will also hold a public drop-in event where people can find out more, speak to council officers and share their views face to face. The public drop-in session will take place at Brampton Community Centre on Tuesday 5 March 2024 between 2.30pm and 6.30pm. Independent, community-based organisation Healthwatch Cumberland will be on hand during the public drop in event to support people to share their experience and views.

Those receiving care and their family members are being supported and encouraged to have their say on the changes. All home residents will be offered advocacy support from independent advocates.

More information about the proposal and public consultation is available online at www.cumberland.gov.uk/haveyoursay

# What happens next?

The deadline for all responses to consultation is 23 May 2024.

Feedback received as part of this public consultation will be considered by the Cumberland Council Executive Committee in July 2024.

If the proposals are approved by the Executive Committee, the council will then enter into a formal staff consultation process with all those affected by the proposed changes.

#### **Questions and answers**

These questions and answers are designed to provide further information about some of the key things you might want to know.

### Q) Why don't the council renovate Moot Lodge to bring it up to the required standard?

A) We want to provide a high-quality care environment suited to the delivery of intermediate and dementia care, and support people to live better, healthier, and more independently. To do this our homes should be easy to access for those with physical disability and for hospital transfers, and include a safe, accessible and dementia friendly outside space. Even with significant investment, Moot Lodge cannot provide these features due to the property's structure and footprint.

#### Q) Why don't the council leave Moot Lodge as it is?

A) Although the home currently provides quality care to a number of residents, the property is in need of significant investment to ensure the building is future-proof for care needs. Cumberland Care are reviewing services to focus on high-quality dementia care and intermediate care, which this property does not lend itself to.

#### Q) Are care homes still needed?

A) Here at Cumberland Council, we want to support people to live better, healthier, and more independently, but those with high care needs also require access to residential care services that will support them to lead satisfying and fulfilling lives.

#### Q) What will the proposals mean for Moot Lodge residents?

A) Improving the wellbeing of our care home residents is a key aspect of this proposal. If the decision is taken to close Moot Lodge, we will ensure alternative care provision meets the unique care needs of each resident within the home. Individual impact assessments will put residents' wellbeing at the heart of transitions.

#### Q) Will there be help for residents to find alternative care?

A) Yes, Adult Social Care team teams will work alongside residents and family members to find alternative care provision that works for each individual resident.

#### Q) What will this mean for Moot Lodge staff?

A) Following this public consultation process, if approved by the council's Executive, the proposal is then subject to a staff consultation which will include individual consideration of all Moot Lodge staff. There will be a range of options available to staff including employment opportunities within alternative services.

#### Q) If Moot Lodge closes, what would happen to the building?

A) Since no decision has been taken to close Moot Lodge, the council has not actively considered alternative uses for the building. Any future plans for the building would be part of the consideration following the public consultation exercise.

# **Consultation response questionnaire**

Please use this questionnaire to share your views on the closure of Moot Lodge residential care home.

1. Which best describes you (the person completing this questionnaire)?			
A resident of Moot Lodge care home			
A relative or friend of a resident of Moot Lodge care home			
A member of staff currently working in Moot Lodge care home			
A resident of another care home (please confirm the home below)			
• A relative or friend of another care home resident (please confirm the home)			
• A member of staff currently working in another care home (please confirm the hor	ne)		
A member of the public			
A representative of an organisation (please state which organisation you represent below)			
Other (describe below)			
2. If the above requires you to confirm any additional information please provide it h	ere:		
3. In relation to your current or future care needs, how would you like to receive care?	?		
Residential care home	<u>L</u>		
Support at home/domiciliary care			
<ul> <li>Extra care housing (also known as assisted living or sheltered accommodation.</li> <li>Care available on site whilst living in your own apartment or flat)</li> </ul>			
Other, please state			
4. Please explain further why that is important to you?			

5. To what extent do you agree or disagree with the proposal to close Moot Lodge residential care home?
Strongly agree
• Agree
Neither agree nor disagree
Disagree
Strongly disagree
6. Please provide additional information to explain your response.

Thank you for your feedback. Please return the completed questionnaire section of this document to Freepost CUMBERLAND COUNCIL.

The feedback collected during this consultation is key to ensuring we provide care services that meet the needs of our residents. Feedback will be considered by Cumberland Council Executive before a decision is made in relation to the future of Moot Lodge.

# Important information about your data

All the data you supply on this questionnaire will be held and used in accordance with General Data Protection Regulation (GDPR). The information you provide will be considered by the council as part of this consultation. Any personal information you supply is confidential. The council will only publish aggregate or summary results from the consultation which will not identify individuals. The information will be stored securely in a database and only accessed by the required select council staff.

If you require this document in an alternative format or in another language, please email haveyoursay@cumberland.gov.uk

cumberland.gov.uk